Soul Wound Reading List

Compiled by R. David Hammer, Ph.D.
Warriors' Journey Home

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Finkel, David. 2013. Thank You for Your Service. Sarah Crichton Books, NY.

Junger, S. 2016. Tribe: On Homecoming and Belonging. Twelve, Hachette Book Group, NY.

Holmstedt, Kirsten. 2009. The Girls Come Marching Home: Stories of Women Warriors Returning from the War in Iraq. Stackpole Books, Mechanicsburg, PA.

Litz, B.T., L. Lebowitz, M.J. Gray, and W.P. Nash. 2016. Adaptive Disclosure: A New Treatment for Military Trauma, Loss, and Moral Injury. The Guilford Press, NY.

MacEowen, F. 2002. The Mist-Filled Path: Celtic Wisdom for Exiles, Wanderers, and Seekers. New World Library, Novato, CA.

Moore, T. 1992. Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life. Harper Collins Publ., NY.

Nerburn, K. 1996. Simple Truths: Clear and Gentle Guidance on the Big Issues of Life. New World Library, Novato, CA.

Nerburn, K. 1998. Small Graces: The Quiet Gifts of Everyday Life. New World Library, Novato, CA.

O'Brien, Tim. 1990. The Things They Carried. Penguin Press, NY.

Palmer, P.J. 2004. A Hidden Wholeness: The Journey Toward an Undivided Life. Jossey-Bass, Wiley, NY.

Rambo, S. 2010. Spirit and Trauma: A Theology of Remaining. Westminster, John Knox Press, Louisville, KY.

Rambo, S. 2017. Resurrecting Wounds: Living in the Afterlife of Trauma. Baylor Univ. Press, Waco, TX.

Shay, J. 1994. Achilles in Vietnam: Combat Trauma and the Undoing of Character. Touchstone. Simon and Schuster, NY.

Shay, J. 2002. Odysseus in America: Combat Trauma and the Trials of Homecoming. Scribner, NY.

Some, M.P. 1998. The Healing Wisdom of Africa: Finding Life Purpose Through Nature, Ritual and Community. Tarcher/Putnam, Penguin Putnam, NY.

Taylor, Sarah p. 2015. Just Roll with It: Seven Battle-Tested Truths for Building a Resilient Life. Innove Publ., Collierville, TN.

Thomas, Kate H. 2015. Brave, Strong, True: The Modern Warrior's Struggle for Balance. Innovo Publ., Collierville, TN.

Wood, David. 2016. What Have We Done: The Moral Injury of Our Longest Wars. Little, Brown and Co., NY.